

Abstrakt:

Name of the thesis: Dancing and movement training for people with disabilities.

Goal of research: 16 students (8 boys and 8 girls, aged 22-26 years) of Faculty Physical Education and Sport. It also, 8 clients of Department of Rehabilitation Medicine Albertov (5 women and 3 men, aged 33-67 years).

Objective: Apply motion program to people without disabilities. Then compare, if dancing have the same power to people with disabilities

Method: Through questionnaire, observation and interview make assess changes in the perception for people, which was applied to the motion.

Conclusion: After motion program we found, that participants of motion program, has better feeling with dance. In addition, we also noticed, that dance have positive effect on the emotions and experience. People with disabilities have limited possibilities of movement, but it is not important for dancing. Mainly depends on their experience and emotions, than or how many parts of her body will involve.

Key words: Dancing, dance therapy, disability, movement training, paraplegia